

SWIM THE CANAL Safety Measures:

- Volunteers will confirm entry and exit for each swimmer (we are confident that the # in will equal the # out).
- We trust that you have brought along a spotter to walk along the canal for encouragement and a watchful eye.
- Safety personnel communicate with VHF radio on channel 10.
- Wooden platforms are available along the lake side of the canal for rest breaks.
- Boats and a lifeguard rescue board will paddle along with swimmers for support.
- We have four Lifeguards working this year.
- Safety personnel will be on the water's edge with life rings.
- Swimmers in the lock must stay behind the barrier rope behind the ocean lock gate while the lock is filling.
- Pool Noodles will be available in the lock while the long swimmers wait for the lock transfer.
- Three shot blasts from a horn - swimmers must leave the water (e.g. shark or lightening).
- Two short blasts from a whistle - a swimmer is in distress, safety personnel on shore will be pointing at the swimmer.
- Lifeguards will demonstrate distress signals on the bus before the start of the swim and again at the start of the swim.
 - If you get in trouble raise one hand and waive
 - If you are then okay tap the top of your head
 - If you see someone in trouble your first priority is to notify shore or boat personnel
 - If you are sure you will not be put in danger then provide assistance